AMITA Health Adventist Medical Center Bolingbrook

Community Health Needs Assessment
Service Area Overview

2019
Executive Summary

AMITA Health Adventist Medical Center Bolingbrook (AHAMCB) and members of the Will County Mobilizing through Action, Planning and Partnership (MAPP) Collaborative, a collaborative of the Will County Health Department, local hospitals and community partners, worked together over 16 months to build this comprehensive Community Health Needs Assessment (CHNA) for Will County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, Will County MAPP Collaborative engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

- **Behavioral Health and Substance Use**, including prevention, treatment coordination, linkages, policy and education.
- **Access to Health Care**, enforcing coordination and linkage of services to ensure access to quality health services.
- **Access to Food & Nutrition**, creating healthy food access and linkages through mapping, education and empowerment.
- **Stabilization of the Built Environment**, including health services linkages, environmental evaluations for housing.

To be successful, AHAMCB will continue to partner with Will County MAPP Collaborative to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health system was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health department, stakeholders, and community members.

AHAMCB has developed a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.
AMITA Health
AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than $82 million in community health and transformation programs and $48 million in financial assistance.

AMITA Health Adventist Medical Center Bolingbrook
AMITA Health Adventist Medical Center Bolingbrook is a 138-bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to the 346,932 residents of Bolingbrook and the surrounding communities. AHAMC Bolingbrook has earned a number of nationally recognized awards and safety grades, including the Joint Commission certified Primary Stroke and Chest Pain Center, Healthgrades Emergency Medicine Excellence Award and Blue Distinction Center for Maternity.

Will County MAPP Collaborative
In 2018 and 2019, AMITA Health Adventist Medical Center Bolingbrook participated in the collaborative efforts organized by Will County MAPP Collaborative to complete the assessments needed to for the Community Health Needs Assessment (CHNA). The results of the assessment findings can be found at www.willcountymapp.org. The full CHNA report can be found at amitahealth.org/about-us/community-benefit/. This cover document for that CHNA provides more information about the service area of AHAMC Bolingbrook, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

AHAMC Bolingbrook Community
The AHAMC Bolingbrook community consists primarily of Bolingbrook and the surrounding area. We define the AHAMC primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area. The largest primary service area resides in Will County. A small part of the northern/northeastern service area is in DuPage County.
Below are charts showing the diversity of the AHAMCB community in terms of age, race, and ethnicity. The primary service area of AHAMCB has a slightly higher Hispanic/Latino population and Non-Hispanic Black population than Will County and DuPage County. The age spread of the primary service area is similar to Will County, DuPage County and Illinois.
Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 1,688 community survey responses. They represent where AHAMCB will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA.

### Behavioral Health and Substance Use

**Goal:** To strengthen the prevention and treatment coordination of behavioral health and substance use disorder services for the residents of Will County.

Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes. Self-reported depression is high within residents homes as well as among youth in Will County.

### Access to Health Care

**Goal:** To further link low income residents to quality health care services in Will County.

Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Additionally, social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Will County.

### Access to Food and Nutrition

**Goal:** To develop affordable, healthy food options for all residents of Will County.

Access to healthy and affordable food is a social determinant of health. There are geographic food deserts in parts of Will County that are primarily in low income areas. Obesity continues to be an issue for adults as well as high rates of hospitalization for diabetes among the Hispanic and Latino ethnicities.

### Stabilizing the Built Environment

**Goal:** To create the linkage between better built environment and health care.

Those living in poverty are at greater risk of food insecurity, homelessness, infectious diseases, environmental hazards and poor academic performance. The recent assessment indicated a need for
affordable housing across a variety of incomes as well as spread geographically around the county to help end homelessness. While the median household income of Will County is higher than Illinois, there are geographic disparities that exist. The high impoverished areas also contain high rates of unemployment, lack of health insurance and educational attainment.

Program Spotlight
These focus areas represent significant health needs, new as well as existing, for AHAMCB and throughout Will County. AHAMCB has several existing programs that are already addressing these needs in our previous CHNA cycle, and our 2020-2022 Community Health Implementation Plan (CHIP) will further refine these programs and identify new ones to ensure that the prioritized health needs are addressed.

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<thead>
<tr>
<th>Behavioral Health</th>
<th>Access to Health Care</th>
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<tr>
<td><strong>Mental Health First Aid</strong></td>
<td><strong>Partnership with VNA Health Care</strong></td>
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<td>In response to a demonstrated system and state-wide need of addressing barriers to accessing and utilizing mental health services, AMITA Health Adventist Medical Center Bolingbrook and its community partners through the Will County MAPP Collaborative have implemented an evidence-based program, Mental Health First Aid (MHFA), to reduce the stigma associated with mental illness and improve the coordination of mental health care. MHFA trains community residents and first responders to recognize, respond, and seek assistance for signs of mental illness and substance abuse.</td>
<td>In order to increase and secure access to primary health care for those uninsured and underinsured, AMITA has partnered with VNA to ensure 100% of its patients are assigned a primary care physician. Additionally, in collaboration, VNA added a full-time, bilingual hospital liaison to the AMITA Health Adventist Medical Center Bolingbrook, to round in the emergency department as well as on inpatient units to coordinate primary care visits for patients.</td>
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<td>Access to Food &amp; Nutrition Built Environment</td>
<td>Chronic Disease: Diabetes; Nutrition, Physical Activity &amp; Weight</td>
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<td><strong>Micro Pantry</strong></td>
<td><strong>Diabetes Self-Monitoring Program</strong></td>
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<td>Through partnership with the Food Access team of the Will County MAPP Collaborative, additional sites of need were identified to install a micro pantries in Will County. As a result of this collaboration, AMITA Health Adventist Medical Center Bolingbrook installed their pantry outside of the emergency department in 2018. A micro pantry is a 24/7 emergency food source typically location outside a hosting organization. Additionally, the all the micro pantries in the county were mapped using GIS services and promoted with food insecurity.</td>
<td>In response to prevalence of diabetes we supported the Greater Joliet Area YMCA in implementing a Diabetic Prevention Program, an evidence-based program, to reduce the rate of uncontrolled Type 2 Diabetes. In addition, AMITA advocated for expansion and sustainability of the Diabetes Prevention Program with federal and state representatives to provide reimbursement for Medicare and coverage for Medicaid recipients.</td>
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<td><strong>Aunt Bertha (Search &amp; Connect)</strong></td>
<td><strong>Go Noodle</strong></td>
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<td>Connecting people in need with the programs that serve them with dignity and ease. Through this public directory providers, staff, the public and community partners can search a vetted and updated directory of social services on our website, connecting to (i.e. food, housing, transportation, health, etc.). This directory provides a need based customized list of services for patients and provide the hospitals with various reports related to the needs.</td>
<td>Through partnership with Valley View School District, AMITA Health Adventist Bolingbrook Medical Center provided Go Noodle, a classroom based physical activity platform tool, to teachers to create additional opportunities for children to be physically active. By the end of 2018, 180 teachers at 13 schools provided over 3,799 additional physical activity opportunities for their students.</td>
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Implementation

Community Assets
AMITA Health Adventist Medical Center Bolingbrook will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

- Aunt Martha’s Health Services
- Catholic Charities Diocese of Joliet
- Chestnut Health Systems
- Easterseals Joliet Region, Inc.
- Edward-Elmhurst Hospital
- Governors State University
- Greater Joliet Area YMCA
- New Life Church
- Senior Services of Will County
- Silver Cross Hospital
- Stepping Stones, Inc.
- Three Rivers Manufacturers' Association
- United Way of Will County
- Valley View School District
- Will County Board
- Will County Community Health Center
- Will County Executive’s Office
- Will County Health Department
- Will-Grundy Medical Clinic

Implementation Plan and Collaborative Action
Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, AHAMCB and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward including partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.
Publication
AMITA Health Adventist Medical Center Bolingbrook will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at amitahealth.org/about-us/community-benefit and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health
Attn: Community Benefit
2601 Navistar Drive
Lisle, IL 60532

On behalf of the Board of Directors of AMITA Health, the Adventist Midwest Health Board, has reviewed and approved this assessment in October 2019.