Diabetes Prevention Program

Did you know that type 2 diabetes is preventable?
More than 34 million people in the United States have been diagnosed with diabetes. If not managed properly, it can lead to many serious conditions BUT diabetes is preventable and manageable.

AMITA Health is serious about helping you take control of your own health. As part of our Community Benefit programming, we are offering diabetes prevention education programs at NO COST that give people the information and tools they need to make positive life changes so that they can prevent type 2 diabetes.

If you have prediabetes or believe you are at risk for type 2 diabetes, you may be eligible for this program. Let us help you make lasting changes aimed at improving your health and preventing type 2 diabetes.

For more information, contact a location near you:

AMITA Health Mercy Medical Center Aurora
Center for Diabetic Wellness
1975 Melissa Ln. | Aurora, IL 60506
P: 630.897.4000

AMITA Health Saint Joseph Hospital Elgin
Diabetes and Nutrition Services
77 N. Airlite St. | Elgin, IL 60123
P: 847.622.2097

AMITA Health Resurrection Medical Center Chicago
Diabetes Self-Management Education Program
7435 W. Talcott | Chicago, IL 60631
P: 773.990.7755

AMITA Health Saints Mary and Elizabeth Medical Center Chicago
Community Health Education
2233 W. Division St. | Chicago, IL 60622
P: 312.770.3435

AMITA Health Saint Francis Hospital Evanston
Diabetes Self-Management Education Program
355 Ridge Ave. | Evanston, IL 60202
P: 847.316.2235

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