AMITA Health Adventist Medical Center Hinsdale

Community Health Needs Assessment
Service Area Overview

2019
Executive Summary

AMITA Health Adventist Medical Center Hinsdale (AHAMCH) and members of Impact DuPage, a collaborative of the DuPage County Health Department, local hospitals and community partners, worked together over 12 months to build this comprehensive Community Health Needs Assessment (CHNA) for DuPage County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, Impact DuPage engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

**Behavioral Health**, including substance use disorders as well as mental health with a focus on prevention and treatment.

**Health Status Improvement**, building a person-centered model of healthcare that is efficient and effective, creates meaningful access to care for all and demonstratively improves health status.

**Affordable Housing**, developing affordable housing that meets the demographic profile of the county that is appropriate and safe for all residents no matter their economic status.

It is to be noted that as part of the AHAMCH service area resides in suburban Cook County, the prioritized health needs identified on the 2019 collaborative CHNA completed by Alliance for Health Equity, were similar as to those identified on the DuPage County assessment. The Cook County prioritized health needs were identified as: Social and Structural Determinants of Health; Access to Care, Community Resources and Systems Improvements; Mental Health and Substance Use Disorders; Chronic Condition Prevention and Management.

To be successful, AHAMCH will continue to partner with Impact DuPage to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health system was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health department, stakeholders, and community members.

AHAMCH has developed a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.
Our Hospital and Community

AMITA Health
AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than $82 million in community health and transformation programs and $48 million in financial assistance.

AMITA Health Adventist Medical Center Hinsdale
AMITA Health Adventist Medical Center Hinsdale is a 261-bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to the 661,174 residents of Hinsdale and the surrounding communities. AHAMCH has earned a number of nationally recognized awards and safety grades, particularly for its state-of-the-art cancer center, Level III Neonatal Intensive Care Unit (NICU) and surgical capabilities that include da Vinci™ and MAKO Robotic Assisted Surgery. The hospital has also received a five-star rating from the Centers for Medicare & Medicaid Services (CMS). It is also the only teaching hospital in DuPage County.

Impact DuPage
In 2018, AMITA Health Adventist Medical Center Hinsdale participated in the collaborative efforts organized by Impact DuPage to complete the assessments needed to for the Community Health Needs Assessment (CHNA). The results of the assessment findings can be found at impactdupage.org. The full CHNA report can be found at amitahealth.org/about-us/community-benefit/. This cover document for that CHNA provides more information about the service area of AHAMCH, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

AHAMCH Community
The AHAMCH community consists primarily of Hinsdale and the surrounding area. We define the AHAMCH primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area. The majority of the service area resides in DuPage County. The eastern part of the service area is in suburban Cook County.
Below are charts showing the diversity of the AHAMCH community in terms of age, race, and ethnicity. The primary service area of AHAMCH has a slightly higher Hispanic/Latino population and Non-Hispanic Black population than DuPage County. The age spread of the primary service area is similar to DuPage County, Cook County and Illinois.
Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 1,577 community survey responses. They represent where AHAMCH will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA.

### Behavioral Health

**Goal:** To strengthen prevention and treatment of behavioral health issues for residents of DuPage County.

Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes. The age-adjusted rates of hospitalization in DuPage County for mental health and substance use disorder ranked in the bottom 50% of all Illinois counties (2015-2017).

### Health Status Improvement

**Goal:** To build a person-centered model of healthcare that is efficient, effective and creates meaningful access to care for all.

Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Additionally, social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in DuPage County. While 93.7% of DuPage County adults reported having health insurance, disparities still exist among the Hispanic/Latino population as well as those aged 25-34 years (2017).

### Affordable Housing

**Goal:** To develop affordable housing that meets the demographic profile of the county.

Access to safe, affordable housing is a social determinant of health. Those living in unhealthy homes are at greater risk of food insecurity, infectious diseases, environmental hazards and poor academic performance. The recent assessment indicated a need for affordable housing across a variety of incomes as well as spread geographically around the county. Sixteen percent of DuPage County residents live in serve housing conditions such as overcrowding, high housing costs, lack of kitchen or lack of plumbing (2015).
Program Spotlight
These focus areas represent significant health needs, new as well as existing, for AHAMCH and throughout DuPage County. AHAMCH has several existing programs that are already addressing these needs in our previous CHNA cycle, and our 2020-2023 Community Health Implementation Plan (CHIP) will further refine these programs and identify new ones to ensure that the prioritized health needs are addressed.

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<tr>
<th>Affordable Housing</th>
<th>Health Status Improvement</th>
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<tr>
<td><strong>Aunt Bertha (Search &amp; Connect)</strong></td>
<td><strong>Partnership with Access DuPage</strong></td>
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<td>Connecting people in need with the programs that serve them with dignity and ease. Through this public directory providers, staff, the public and community partners are able to search a vetted and updated directory of social services on our website, connecting to (i.e. food, housing, transportation, health, etc.). This directory provides a need based customized list of services for patients and provide the hospitals with various reports related to the needs.</td>
<td>Through partnership with Access DuPage, Silver Access, which provides qualifying residents with help paying their health insurance premium, allowing them to afford a Silver plan in the health insurance marketplace, was implemented in 2016. The program enrolled 171 members in 2016, 480 members in 2017 and 583 members in 2018. Dispensary of Hope, a free pharmacy program offering more than 225 medications to qualifying individuals, launched in November 2017. This program serves an average of 85 patients per month.</td>
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<tr>
<th>Behavioral Health: Mental Health &amp; Substance Use Disorder</th>
<th>Chronic Disease: Diabetes; Nutrition, Physical Activity &amp; Weight</th>
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<td><strong>Partnership with DuPage Health Coalition</strong></td>
<td><strong>Diabetes Self-Monitoring Program</strong></td>
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<td>In order to increase and secure access to mental health for those uninsured and underinsured, AMITA has partnered with DuPage Health Coalition to ensure 100% of Access DuPage members are assigned a primary care physician as well as to increase the number of behavioral health providers. In 2017, through the support of the DuPage Health Coalition, additional psychiatry services were added to VNA, a Federally Qualified Health Center, for residents of DuPage County.</td>
<td>In response to prevalence of diabetes especially among low-income populations, we supported, through a partnership with Access DuPage, Take Charge of Your Diabetes, an evidence-based program, to reduce the rate of uncontrolled Type 2 Diabetes for low-income diabetic populations. In addition, AMITA advocated for expansion and sustainability of the Diabetes Prevention Program with federal and state representatives to provide reimbursement for Medicare and coverage for Medicaid recipients.</td>
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**Mental Health First Aid**
In response to a demonstrated system and state-wide need of addressing barriers to accessing and
utilizing mental health services, AMITA Health Adventist Medical Center Hinsdale and its community partners have implemented an evidence-based program, Mental Health First Aid (MHFA), to reduce the stigma associated with mental illness and improve the coordination of mental health care. MHFA trains community residents and first responders to recognize, respond, and seek assistance for signs of mental illness and substance abuse.

| Through partnership with FORWARD DuPage, additional opportunities for children to be physically active increased through community, school and early childhood programming. FORWARD provided action plans for 8 early childhood centers and 6 schools in DuPage County in 2018 to increase physical activity, nutrition and wellness. Additionally, FORWARD focused on worksite wellness by adopting wellness policies and increasing nutritious food and beverage choices at 10 worksites in DuPage County. |
Implementation

Community Assets
AMITA Health Adventist Medical Center Hinsdale will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

- Access DuPage
- Behavioral Health Collaborative
- DuPage County Community Services
- DuPage County Health Department
- DuPage County Public Defender’s Office
- DuPage Federation on Human Services Reform
- DuPage Foundation
- DuPage Health Coalition
- DuPage Housing Collaborative
- DuPage PADs
- Family Shelter Service
- FORWARD DuPage
- HOPE Taskforce
- Linden Oaks Behavioral Health
- Metropolitan Family Services DuPage
- People’s Resource Center
- Prairie State Legal Services, Inc.
- Prevention Leadership Team
- workNet DuPage- DuPage Count Workforce Development
- United Way of Metro Chicago

Implementation Plan and Collaborative Action
Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, AHAMCH and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward including partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.
Publication
AMITA Health Adventist Medical Center Hinsdale will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at amitahealth.org/about-us/community-benefit and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health
Attn: Community Benefit
2601 Navistar Drive
Lisle, IL 60532

On behalf of the Board of Directors of AMITA Health, the Adventist Midwest Health Board, has reviewed and approved this assessment in 2019.