AMITA Health Adventist Medical Center LaGrange

Community Health Needs Assessment
Service Area Overview

2019
Executive Summary

AMITA Health Adventist Medical Center La Grange (AHAMCLG) and members of the Alliance for Health Equity, a collaborative of over 30 hospitals, 7 health departments, and 100 community partners, have worked together over the last 12 months to build this comprehensive Community Health Needs Assessment (CHNA) in Chicago and Cook County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, the Alliance engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

**Social and Structural Determinants of Health**, including policies that advance equity and promote physical and mental well-being, and conditions that support healthy eating and active living.

**Access to Care, Community Resources, and Systems Improvements**, consisting of timely linkage to appropriate care, and resources, referrals, coordination, and connection to community-based services.

**Mental Health and Substance Use Disorders**, especially reducing stigma, increasing the reach and coordination of behavioral health services, and addressing the opioid epidemic.

**Chronic Condition Prevention and Management**, focusing especially on metabolic diseases such as diabetes, heart disease, and hypertension, and on asthma, cancer, and complex chronic conditions.

It is to be noted that as part of the AHAMCLG service area resides in DuPage County, the prioritized health needs identified on the 2018 collaborative assessments led by Impact DuPage, were similar as to those identified on the suburban Cook County assessment. The DuPage County prioritized health needs were identified as: Behavioral Health (including Mental Health and Substance Use Disorders); Health Status Improvement; Affordable Housing.

To be successful, AHAMCLG will continue to partner with local public health departments across Chicago and suburban Cook County to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health departments was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health departments, stakeholders, and community members.

AHAMCLG has developed a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.
Our Hospital and Community

AMITA Health
AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than $82 million in community health and transformation programs and $48 million in financial assistance.

AMITA Health Adventist Medical Center LaGrange
AMITA Health Adventist Medical Center LaGrange is a 196-bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to the 433,448 residents of LaGrange and the surrounding communities. AHAMCLG has received a five-star rating from the Centers for Medicare & Medicaid Services (CMS), the only hospital in Cook County to achieve this. AHAMCLG is home to a state-of-the-art facility offering the latest in emergency medical and surgical care (including da Vinci™ Robotic-Assisted Surgery), medical lab and imaging services heart and vascular care, cancer care, orthopedic and neurological care, obstetrical and women’s services, and access to top specialists.

Alliance for Health Equity
In 2018 and 2019, AMITA Health Adventist Medical Center LaGrange participated in the Alliance for Health Equity (AHE), facilitated by the Illinois Public Health Institute. Together, the Alliance developed a collaborative Community Health Needs Assessment (CHNA) for Cook County. The link to our Collaborative Community Health Needs Assessment for Chicago and Suburban Cook County can be found at allhealthequity.org/2019-chna-reports/. This cover document for that CHNA provides more information about the service area of AHAMCLG, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

AHAMCLG Community
The AHAMCLG community consists primarily of LaGrange and the surrounding area. We define the AHAMCLG primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area. The majority of the service area resides in suburban Cook County with part of the western service area in DuPage County.
Below are charts showing the diversity of the AHAMCLG community in terms of age, race, and ethnicity. La Grange and its surrounding areas are roughly equally split between Hispanic/Latino and Non-Hispanic White populations.
Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 5,934 survey responses. They represent where AHAMCLG will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA (“Primary Data”).

<table>
<thead>
<tr>
<th>Social and Structural Determinants of Health</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal:</strong> Improving social, economic, and structural determinants of health while reducing social, racial, and economic inequities.</td>
</tr>
<tr>
<td>The social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Additionally, social determinants of health often vary by geography, gender, sexual orientation, age, race, disability, and ethnicity. The strong connections between social, economic, and environmental factors and health are apparent in Chicago and suburban Cook County, with health inequities being even more pronounced than many national trends.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Access to Care, Community Resources, and Systems Improvements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal:</strong> Increasing access to care and community resources.</td>
</tr>
<tr>
<td>Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Cook County.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental Health and Substance Use Disorders</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal:</strong> Improving mental health and decreasing substance abuse.</td>
</tr>
<tr>
<td>Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service, and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chronic Condition Prevention and Management</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal:</strong> Preventing and reducing chronic conditions, with a focus on risk factors.</td>
</tr>
</tbody>
</table>
| The number of individuals in the U.S. who are living with a chronic disease is projected to continue
increasing well into the future. In addition, chronic diseases account for approximately 64% of deaths in Chicago. As a result, it will be increasingly important for the healthcare system to focus on prevention of chronic disease and the provision of ongoing care management.
Program Spotlight
These focus areas represent significant health needs for the AHAMCLG neighborhood as well as throughout Cook County. AHAMCLG has several existing programs that are already addressing these needs, and our 2019-2022 Community Health Implementation Plan will further refine these programs and identify new ones to ensure that the prioritized health needs are addressed. Below are large-scale programs addressing each of these needs; additional programs will be expounded in the Community Health Implementation Plan.

<table>
<thead>
<tr>
<th>Social and Structural Determinants of Health</th>
<th>Access to Care, Community Resources, and Systems Improvements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aunt Bertha (Search &amp; Connect)</strong></td>
<td><strong>Insurance Enrollment/ACA Navigation</strong></td>
</tr>
<tr>
<td>Connecting people in need with the programs that serve them with dignity and ease. Through this public directory providers, staff, the public and community partners are able to search a vetted and updated directory of social services on our website, connecting to (i.e. food, housing, transportation, health, etc.). This directory provides a need based customized list of services for patients and provide the hospitals with various reports related to the needs.</td>
<td>Patient financial counselors and Affordable Care Act (ACA) Navigators assisted uninsured members of the community with obtaining health insurance. This assistance was provided to over 200 community members in 2018. Get Covered Illinois provided financial support to local social service agencies for the purpose of enrolling community members in Medicaid or subsidized health plans offered on the state exchange.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental Health and Substance Use Disorders</th>
<th>Chronic Condition Prevention and Management</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Integrated Mental Health Screenings</strong></td>
<td><strong>Diabetes Programs</strong></td>
</tr>
<tr>
<td>To identify those with mental health needs and navigate to services, especially the low-income population, we partnered with Pillars Community Health to integrate mental health screenings at all visits. Ninety-one percent of patients ages 4-11 have been given mental health screening at visits as well as 79% of patients aged 12 and up. Of those that tested positive for mental health needs, 100% have been given documented action plan.</td>
<td>Supported community programs through a partnership with Pillars Community Health to reduce the rate of Type 2 Diabetes for low-income diabetic populations and hospitalization due to uncontrolled diabetes. Patients identified as having higher A1C measures are given an action plan as well as additional nursing visits and resources. In addition, AMITA advocated for expansion and sustainability of the Diabetes Prevention Program with federal and state representatives to provide reimbursement for Medicare and coverage for Medicaid recipients.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental Health First Aid</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>In response to a demonstrated system and state-wide need of addressing barriers to accessing and utilizing mental health services, AMITA Health</td>
<td></td>
</tr>
</tbody>
</table>
Adventist Medical Center LaGrange and its community partners have implemented an evidence-based program, Mental Health First Aid (MHFA), to reduce the stigma associated with mental illness and improve the coordination of mental health care throughout a six county service area. MHFA trains community residents and first responders to recognize, respond, and seek assistance for signs of mental illness and substance abuse.
Implementation

Community Assets
AMITA Health Adventist Medical Center LaGrange will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

- Illinois Public Health Institute
- Berwyn South School District 100
- Pillars Community Health
- The Living Room
- Presence Behavioral Health
- Riverside Brookfield High School
- BEDS Plus
- Aging Care Connections
- Valley View School District 365U
- Solutions for Care
- The LeadershipShop
- The Helping Hand Center
- Lyons Township High School
- NAMI Metro Suburban
- Greater LaGrange YMCA
- Community Support Services
- PAV YMCA
- Interfaith Community Partners
- Berwyn Public Library
- The Hope Chest
- Brookfield Chamber of Commerce
- Youth Crossroads, Inc.
- Christian Life Center

Implementation Plan and Collaborative Action
Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, AHAMCLG and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward. The Regional Leadership Teams and Stakeholder Advisory Teams look forward to building on the momentum, working in partnership with diverse community stakeholders at regional and local levels to address health inequities and improve community health in our communities.
Publication
AMITA Health Adventist Medical Center LaGrange will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at amitahealth.org/about-us/community-benefit and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health
Attn: Community Benefit
2601 Navistar Drive
Lisle, IL 60532

On behalf of the Board of Directors of AMITA Health, the Adventist Midwest Health Board, has reviewed and approved this assessment in 2019.