Infused Water – Honeydew, Cucumber, & Mint

Ingredients:
- ½ cup honeydew cubes
- 1 cucumber, thinly sliced
- 10 fresh mint leaves torn
- 5 cups water
- Ice (optional)

Directions:
1. Place all ingredients in a pitcher
2. Add water to pitcher, ice if desired.
3. Put pitcher in refrigerator and let sit for at least 2 hours or overnight.

Nutrition Information:
Makes 4 Servings | Per Serving: 10oz water (if infused ingredients consumed) *
Calories: 11 | Protein: 0 grams | Fat: 0 grams | Carbs: 3 grams | Fiber: 0 grams

*It is not recommended to consume the infused ingredients as they can become watered down and less flavorful as the water takes on their flavor.