1. Partner with a local church to receive letters of support and encouragement!
2. Play hallway bingo. Set up bedside tables and bring residents to the doorway and host bingo.
3. Assign a theme to a weekly meal. Schedule it to coincide with hallway bingo and conduct a discussion about the theme.
4. Host a “book club” and have residents and staff read or listen to the same book and then offer discussion.
5. Schedule a community movie night in our room! Have everyone watch the same movie and serve “movie treats”.
6. Plan a hallway sing-a-long with old show tunes or musical soundtracks.
7. Subscribe to plant/flower catalogues and let residents choose something to order for spring planting.
8. Order vinyl baby dolls as they can be easily wiped down and kept clean.
9. Set up a rounding schedule to make sure each resident gets 10-15 minutes of socialization each day that does not include providing care.
10. Experience museums or national parks via virtual tours: Virtual museum tours
11. Enjoy the San Diego Zoo animal cam: San Diego Zoo animal cams
12. Visit a Virtual Theater:
   • Metropolitan Opera nightly encore shows
   • LA Theater Works
   • Kennedy Center Digital Stage
13. Learn something new with an online course: Open Culture
14. Check out the “Teletopics” program schedule from Mather Clinics: Social Activities At Home
15. Ask family members to commit to a scheduled phone call time so that residents have something to look forward to.
16. Request that family members mail photos to their resident to make a photo album.
   (For those who can’t use facetime/skype, ask family members to send “real time” photos!)
17. Encourage family members to send email updates with photos that staff can share with residents.
18. Assist residents with writing letters to family members or returning emails.
19. Schedule phone sessions/telehealth sessions with psychiatric providers.
20. Complete depression screenings so that you can refer for telehealth support if needed.