Our licenced Health Psychologists are available to assist patients and their families in coping with the emotional, cognitive and behavioral aspects of their medical conditions. They have experience in the psychological evaluation and treatment of patients who present with the following conditions:

- Acute and Chronic Pain
- Weight loss
- Fibromyalgia
- Smoking cessation
- Gastrointestinal Conditions
- Hypertension
- Stroke and Neurovascular Disorders
- Multiple Sclerosis
- Parkinson’s Disease
- Seizure Disorder
- Traumatic Brain Injury
- Dementia
- Memory Disorders
- Mood Disorders – Depression/Anxiety
- Stress Management
- Interpersonal Relationships
- Cancer
- Cardiovascular Disease
- Brain Tumors
- Spine Disease

Konstantinos Kostas, PhD
Director, Health Psychology Services

Special Interests:
Stroke & Neurovascular Disorders, Multiple Sclerosis, Brain Tumors

Doctoral Program:
Northwestern University, Feinberg School of Medicine

Internship:
University of Chicago Hospitals, Department of Psychiatry

Fellowship:
Rush University Medical Center, J.R. Bowman Center

Lina Liu, PsyD
Health Psychologist

Special Interests:
Acute & Chronic Pain, Relaxation Training/Biofeedback, Mood Disorders

Doctoral Program:
Illinois School of Professional Psychology

Internship:
Advocate Lutheran General Hospital, Cardiac Rehabilitation

Fellowship:
Rehabilitation Institute of Chicago Health

Susan Lesher, PhD
Health Psychologist

Special Interests:
Chronic Pain, Cancer, Smoking Cessation, Weight Loss, Mood Disorder

Doctoral Program:
University of Oklahoma

Internship:
Central Arkansas Veterans Healthcare System

Fellowship:
Henry Ford Health System

Physician Access and Referrals
Dr. Kostas, Dr. Liu and Dr. Lesher are committed to serving physicians, their patients and their patient’s families promptly. They can be reached at AMITA Health Neurosciences Institute at 847.981.3630.

AMITAhealth.org