When I go for my Ultrasound...

St. Alexius Medical Center
I am going to St. Alexius Medical Center to have an exam called an Ultrasound. An Ultrasound is an exam that takes pictures of the inside of my body using a wand called a Transducer to make sure I am healthy.
When I arrive at the hospital, I will go to the reception desk to check in. I will receive a bracelet with my name on it. This lets people know who I am.
The Changing Room

I might have to wear a hospital gown for my ultrasound exam. Hospital gowns are super clean clothes which help make it easier for the doctor, nurse or technician to examine me.
The Ultrasound exam room has a bed and a machine.
Here are some other things I will see during my Ultrasound.
I will lay on the bed, or sometimes my support person might lay down with me.

My job is to hold still like a statue.
The Ultrasound Technician covers me with a blanket. I can bring my own toys to hold or DVDs to watch during the exam. Sometimes a Child Life Specialist will give me a book or a toy to look at.
The Ultrasound Technician puts Accugel on me where the pictures will be taken. I know that the Accugel does not hurt, it feels warm and gooey.
Next, the Ultrasound Technician will put the Transducer on top of the Accugel. This is how the ultrasound pictures are taken. I might feel pressure, but the Transducer does not hurt.
While my pictures are being taken, I can watch the screen or I can look away at a book or a toy. I am holding still.
Once the pictures are taken, my Ultrasound exam is all done.
Some Friendly Faces I Might See...

Katie
Child Life Specialist

Letty
Child Life Specialist

Kerry
Child Life Specialist

Ultrasound Technician